Leadership Investiture

We have awarded our school leaders with their badges of office. It was wonderful to see their families at the Parade on Monday. We are looking forward to their work amidst the student body this year. We will continue to teach and train them as we progress through the year. In particular we will soon have our Anzac Day Ceremony to which you are all invited to attend on April 24 at 8.45 in the Undercover Play Area next to the Tuckshop. Pictured below are students receiving their badges.


From the Principal’s Desk continued ….

Young Leaders Conference
On Friday 20 March our Captains will be attending the most amazing leadership development day. It will be held at the Brisbane Convention Centre. Guest speakers include Coen Ashton, Juliette Wright and Bindi Irwin. Parents of the Captains will be contacted individually with details on transport and times etc.

P&C AGM
On Monday we had our well-advertised P&C AGM. After the election of office bearers we continue in 2015 with Michael Rollston as President. We have a Tuckshop coordinator ready to go. The positions of Secretary and Treasurer were not filled as well as several others. This is quite tragic for our P&C Committee. If we aren’t able to fill the positions we will have to close the Association! This will mean no more Tuckshop, Uniform Shop, BBQs, Socials and financial support for the school, which last year alone was $2000. Of the 130 (approx) families in our school there were only six families represented at the meeting. This is a plea to help you understand that while you might think that the P&C is well supported, I can tell you that it is not. We know that many families have working parents, just like our current P & C members, but if can spare some time to help out please call us. You will see an item in this newsletter from the President.

Anaphylaxis - What is?
This year we have enrolled a student who can have severe and sudden allergic reactions, Anaphylaxis. It occurs when a person is exposed to an allergen to which they are sensitive. It is very important that this information is shared with our school community, not to alarm or request a peanut free environment but to inform and educate our community about the condition.

Duty of Care:- Education authorities have a duty of care to take reasonable steps to keep students safe at school. This includes minimising the risk of personal injury to students, seeking medical assistance and administering emergency medication when a student has signs and symptoms of anaphylaxis. The signs and symptoms of anaphylaxis usually occur within the first 20 minutes after exposure to an allergen but in some cases can be delayed up to two hours or more. Rapid onset and development of potentially life-threatening clinical effects are characteristic markers of anaphylaxis.

Signs and Symptoms:- The student’s Action Plan for Anaphylaxis provides us with information specific to the child’s health condition. The following are typical signs and symptoms of a severe allergic reaction and may include one or more of the following:

- difficulty talking and/or hoarse voice
- difficult/noisy breathing
- swelling of the tongue
- swelling or tightness in the throat, difficulty in swallowing
- confusion
- pale and floppy (for young children)
- shortness of breath, repetitive coughing and/or wheezing
- chest tightness
- faint, rapid pulse, low blood pressure (may also have cool sweaty skin)
- loss of consciousness and/or collapse
- vomiting, abdominal pain (for insect sting allergy).

Signs and symptoms of a mild to moderate allergic reaction may include one or more of the following:

- tingling of the mouth
- hives, welts or body redness
- flushing and/or swelling of the face, lips, eyes
- anxiety
- vomiting, abdominal pain (except in insect sting allergy where vomiting and/or abdominal pain indicate an anaphylactic reaction).

We are following proper guidelines to educate staff and students and to identify and reduce the risk of a reaction occurring. For your further information go to:- www.allergy.org.au/patients/about-allergy/anaphylaxis

Esk State School’s Explicit Improvement Agenda
Our agenda for improvement is to improve Teaching Practice, Deliver a high quality Curriculum, Build and Foster Partnerships, and Leadership and Capability.

Student Council Disco – Next Thursday 5 March 6:00pm – 8:00pm
Theme: Medieval
Administration

2015 School Fees - Payments are now being accepted at the Admin office.

Soundwaves Books – Invoices have been sent home, payments for those books are now being accepted. Please refrain from sending in payments for these books if you have not received an invoice.

School Photo Day – Friday 13 March. Payment envelopes have been sent home today; check your child’s bag. Below is more information.

![Advanced Life Ad]

Our school photos will be taken on the 13th March 2015.

For the convenience of our school community, Advanced Life have now introduced Online Ordering. School photos can now be ordered and paid for using a secure online Web Portal. Please note: Photos can still be purchased using an envelope.

The preference of our school is that Orders and Payments be made through the Web Portal as this reduces the administration and associated order issues related to the return of cash & envelopes on photo day.

To place your order, visit www.advancedlife.com.au and enter the code: DL4 6JB 4AR. A full set of instructions on how to order can be found on the back of the order flyer. The order code can also be found printed on the envelopes supplied by Advanced Life. Please be aware that:

1. Sibling/Family Photos may be ordered online or via envelope. To ensure a smoothly run photography day, Online Orders for Sibling/Family Photos will be cut off 48hrs before our photography day to allow a list of students that require Sibling/Family photographs taken to be compiled. Sibling Photos can still be ordered after the Online Cut-off date by collecting an envelope from the office in the usual way and returning the envelope on photo day with payment enclosed.
2. All Online Orders should be placed on or before our day of photography. Please Note: Once orders are closed a LATE FEE will apply.
3. The Online code above is to order previous years’ sports and other group photos at any time.

All Online Orders placed through the Web Portal will be returned to school for collection.

Sport – Mrs Rollston

Swimming Lessons

Next week will be our final swimming lesson for Term 1. The lesson we missed due to wet weather last week, will be made up in Term 4 in readiness for the swimming carnival and interschool competitions.

Cross Country - 1 April

Time to start running! The interhouse cross country is on Wednesday 1 April. This means we have just under 5 weeks to train for it. Please encourage your child / children to do some running every day or so. This will help them to complete the cross country easily.

Distances for each age group are: 5 years - 300m (1 lap of the oval), 6 & 7 years - 600m (2 laps of the oval), 8 & 9 years - 1km (1 lap of the school), 10 years - 2km (2 laps of the school), 11, 12 & 13 years - 3km (3 laps of the school)

Met West Swimming Trials

Congratulations to our two students who represented our school at the Met West swimming trials on Wednesday. They were a credit to our school.

Music – Mr Smith

Our first Concert Band rehearsal begins at 8:20am on Wednesday March 4 in the music room. All instrumental music students will need to be there as we are starting as a beginner band doing our nice, easy first piece of music which is called “Saddle Sore”. We will have 31 students in attendance so it will be our biggest band ever. I would really encourage parents to remind students to come to this to find our places and it would be great if parents could come along to help set us up and listen to our huge sound.
Literacy and Support – Mrs Oxenford

Booster Writing and Numeracy Projects up and running

Two online learning programs are operating this term for Year 5 students – Booster Writing and Booster Numeracy. Both groups of students have made a great start to the program and are enjoying the interactive lessons.

Last week the Booster Writing group learnt how NAPLAN writing tasks are marked and even had a go at using the marking scheme to score a student’s piece of writing.

The Booster Numeracy group have been working on problem solving and have enjoyed working together with students from Longreach to solve mathematical problems.

Both Booster groups have online activities to complete in their own time between lessons. This work can be completed on any computer with internet access. The students know how do this, but here is a reminder: Esk State School homepage / Learning Place/ elearn/ Booster blue link / lesson number

Food For Thought!

Homemade fruit leathers recipe

Homemade fruit leathers are a great alternative to store-bought snacks that have a lot of chemicals added. You can choose whatever fruits are in season. These are just like roll-ups.

Prep Time: 20 minutes

Cook Time: 2-10 hours

Ingredients:
5 large apples
1 punnet strawberries
1 cup water

Method:
• Peel and core the apples, slicing thinly. Hull and halve the strawberries. Place all fruit in a pot with the water. Place a lid on.
• Cook until soft and then puree with a stick blender.
• Line a tray with baking paper and pour the fruit mix onto the baking tray.
• Spread evenly and thinly.
• Place in the oven and turn on, setting the temperature to 120°C. Prop the oven door open with a wooden spoon. This dehydrating process can take anywhere from 2 hours to 10 hours depending on the type of fruit and the level of moisture left in the mixture. Slice and roll up in cling film to keep.

Do you want to get healthy?

Start a healthy discussion that’s all about you.

The Get Healthy Information and Coaching Service is a FREE confidential telephone service that helps you make lifestyle changes in relation to healthy eating, being physically active and achieving a healthy weight.

Qualified Get Healthy coaches provide information and ongoing health coaching and support to help you achieve your health goals.

The Get Healthy service is available Monday – Friday between 8am and 8pm by calling 13 43 25 84

Get Healthy is a joint Australian State and Territory Government initiative under the National Partnership Agreement on Preventive Health.
Message from the President : WE NEED PEOPLE!!!

Well, the Esk State School P&C held it’s AGM on Monday night and I must say the turnout was disappointing to say the least. Nine (9) people attended but only two (2) executive committee positions, President and Vice President, were filled. Other positions filled were the Tuck Shop and Uniform Shop Co-ordinator’s.

Positions that need to be filled are: Secretary, Treasurer and Volunteer Co-ordinator.

WITHOUT A SECRETARY OR TREASURER THE P&C CANNOT OPERATE.

The P&C run the Tuck Shop, the Uniform Shop as well as many fund raising ventures throughout the year. We are trying to grow new fund raising initiatives so that we aren’t asking for money from people week in week out. **Without a P&C these things will not operate.**

We need the right people to fill these positions to move forward with confidence.

If you are interested and willing to help us out, contact me either through the school or on my mobile, 0418153449.

Thank you

Michael Rollston
P&C President

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Photo’s from our P&C “Love It” fundraising social night

Amelia & Chayne, (from Esk) and Paul, Greg & Jeff (from Woodford) entertained us with some Rockin’ Blues

Bob and Linda Corcoran Jazzed the evening up!

Ava and Olivier selling food and raffle tickets

Dave kept the BBQ fired up all night

P & C President - Michael Rollston, serenaded his wife Jo with “Bring it on Home”, backed by Chayne, Paul, Pete the Plumber, Greg and Jeff
Celebrations

**Star Pupils**

Prep
Quick thinking in Maths

**Year Prep/One/Two**
Artistic brilliance
Always trying her best

**Year One/Two**
Constantly contributing to class discussions

**Year Two/Three**
Being ready to learn everyday
Being respectful to others

**Year Three/Four**
Great participation in History discussion
Great effort in Swimming

**Year Four/Five/Six**
Amazing work in writing and a wonderful team leader

**Year Five/Six**
Speedy 2 times tables
Speedy 7 times tables
Interesting and informative answers in History

**Special Award**

Prep
Trying his best in all activities

**Year Prep/ One/Two**
Trying her best in all subject areas
Being excited about learning

**Year One/Two**
Supporting others to behave properly

**Year Two/Three**
Working hard in all areas
Always being on task

**Year Three/Four**
Great effort in Geography
Great effort in Accelerated Reading

**Year Four/Five/Six**
Fantastic effort in Maths
Great participation in PE—even with an injury!

**Year Five/Six**
Always willing to help others
Working well in Science

---

**Gotcha Gems**

Peridot
Opal –

---

**Mathletic Awards**

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Names and photographs removed for privacy reasons
**Around the Classrooms**

**Prep – Mrs Richter**
Prep lessons are progressing well. We are doing short explicit lessons in Maths and English every day and weekly lessons in Science, Geography, HPE and Integrated studies.

Easter Bonnet/ Crazy Hat parade is in the last week of Term 1. Children bring a hat they have made from home to show everyone on parade. We will be doing bunny ears at school that they can wear if you get stuck. Preps are welcome to attend the school disco and will be involved at the school cross country. We try to integrate the Preps in all school activities as much as possible.

**Year P/1/2 – Mrs Kitching**
Time flies in the busy world of P1/2! We have been so busy continuing gaining knowledge in Geography, photographing places of interest and using this information to find the most popular place in our school. It was a tie between the Green Machine and our very own Chill Out room! We have also been looking very closely at living things in Science. We looked at external features of animals and discussed four main things that all living things need to survive. Can you guess what those things are? In Maths we have been counting to 20 and beyond! We have also looked at rainbow facts and doubles facts and have consolidated our knowledge of the days of the week. Some of us email Mrs Kitching our homework each week and our Gotcha chart is now up and running. We have listened to a variety of stories and have discussed the emotional responses that characters experience in the text. Finally we have embraced the Monster Manners programme and we have identified “Above the line” and “Below the line” behaviours. We realise that blurtling out responses is perhaps not the best way to answer questions. We have so much more to discover this year, and we are having so much fun. We will start practising for Cross country next week!

**Year 1/2 – Miss Mulligan**
Our class has certainly had a busy week! It’s not always easy to suddenly change to a new class teacher but the class has made me feel very welcome. I have enjoyed getting to know each of the students and I can already see that each child has many special talents. We have been busy starting our units for this term. In English, we have started a unit on poetry. In Maths, we have been focusing on units of measurement (days and months). Home readers were sent home this week. Next week I will be additionally sending home spelling and maths homework. I’d particularly like to thank the parents who have volunteered their time to help the children with their swimming activities. We all really appreciate your support.

**Year 2/3 – Mrs McTaggart**
We are well on the way with our learning this term. Students have settled into classroom routines very well.

Homework is handed out on Monday and is to be returned on Friday.

We strongly encourage students to be read a home reader each afternoon and return it the next day for changing. Sight words will be coming home on Monday along with Mathletics and Reading Eggs login details.

I wish to thank the parent helpers that have been helping into the classroom, helping with listening to students read and listening to sight words. This week and next week are the last weeks for swimming lessons on Thursday and Fun Swim on Friday. Thank you to parents who have been assisting with the supervision of students at these times.

**Year 3/4 – Mrs Nan**
Over the last two weeks the year 3/4s have been busy in the vegetable garden. Our first job was to dig up the garden beds and apply fertiliser. The children are working in groups of two or three and each group has their own garden bed to look after. On Tuesday we planted a variety of seeds including radishes, broccoli, zucchini and beans. This year as the children become proficient in the use of the different garden tools they will be awarded a certificate of use. Thank you very much to those parents who donated seeds.

We are still in need of a few shoe boxes for our dioramas. If you have spare ones at home please them along to B4.

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**Our Vegie Garden**

Any donations of vegetable seeds or seedlings would be gratefully accepted for our garden.

To encourage bees to our garden we also need some flowering plants.

Our garden would love any mulch or, spare cow/horse manure that you may have too!
**Year 4/5/6 – Mrs Dolan**

Year 4/5/6 students are thoroughly enjoying reading “Rowan of Rin” by Emily Rodda. Part of their assessment piece is to create a Lap Book, which we have started making in class. The Lap Book is made to hold all their notes, chapter analysis and exciting words and meanings that they come across.

Fun Swim and Swimming lessons have been a great inclusion to our classroom activities, but they do come to an end next week.

**Year 5/6 – Mrs Smith**

We have been working hard on improving the speed of recall of our multiplication tables. This week we have focussed on the 6s and 9s. Next week we will move on to the 10s and 11s which will just leave the 12s for Week 7. Students will have their next **Maths Assessment** item on **Monday 2 March**. It will be an operations test focussing on multiplication. It will cover multiples, factors, multiplication and division facts to 12 x 12, rounding and estimating with multiplication, the split strategy and compensation strategy for multiplication and problem solving using multiplication. I strongly encourage students to revise and study at home prior to the test.

**Around our School**

**Student Council News – Mrs Smith**

The Student Council will be hosting a **Disco** on **Thursday 5 March** at the Esk State School Hall. Doors will open at 6:00pm. The theme for the Disco is **Medieval** - dress up as a knight or fair lady, or perhaps a dragon or king. We are hoping to decorate the hall in keeping with the medieval theme too!

Students can purchase a **Disco Deal for $5** which will include- entry to the disco, a glow necklace, chips and a drink. Disco Deals need to be paid for at the school office by 3pm on **Tuesday 3 March**. Items can also be purchased individually on the night - entry $2, chips $1, drinks $2 (soft drink, juice or water), glow necklaces 80c and glow bracelets 2 for 50c. The P&C will also be running a BBQ on the night.

Parents are welcome to attend the disco free of charge. Note that only Esk State School students will be admitted to the hall. No high school students please! At Esk State School we are lucky to have the involvement of almost all of our staff at school events like discos. We anticipate more than fifteen staff being in attendance at the disco so children will be well supervised.

The disco will end at 8:00pm. Parents will need to come to the door of the hall to collect their children as staff will not permit children to leave the hall unaccompanied. Usually by 8:10pm everyone has left and the staff can go home for a well-earned rest.

**Chappy’s Chat**

Calling all aeronautical, aerospace, aerodynamics engineers!!! We are going to be holding a paper plane competition here at Esk SS next week (6). Year level categories will be Prep, 1/2, 3/4 and 5/6; with the main aim to reach the longest distance. Rules are simple: planes will be MADE from one sheet of A4 paper only, ON THE DAY - AT THE COMPETITION; planes will be thrown one at a time in category groups; with the longest distance from two attempts counting (no practice throws). So have a play with a few designs, try not to use all of the printer paper at home, and we shall catch some air time next week!!! Oh, and yes, there is prizes...!!!! Hope you have a great weekend, and we shall catch you all next week. Blessings – Chappy Ryan

**Community News**

**Esk District Junior Cricket Club** will not be running a MILO in2CRICKET program at the present time.

**Tennis**

Tennis Lessons are available at the
Esk Tennis Club Courts
(Esk Hampton Road)
For further details contact:
Peter Bourne
0417 779 102
Performance Team/Comp & ‘Just for Fun’

Tap * Jazz * Ballet * Contemporary * Acro * Hip Hop *

C.S.T.D Exam Classes * Singing & Drama Classes

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Proudly supported the Esk State School P&C

Social evening
KILCOY SCHOOL OF DANCE
Enrol now 2015

Classes in Ballet, Jazz, Contemporary, Tap, Hip Hop, Cheerleading & Acrobatics classes.

We have timetable packed with a variety classes to help you fuel your passion for dance.

For details on class times call Leanne on 0408 072334 or email dance_qld@bigpond.com
Or go to our website www.kilcoyschoolofdance.com.au

Thanks to the following people and businesses for supporting our P&C "Love It" Social Evening

Musicians:
Bob and Linda Corcoran, Pete the Plumber, Amelia Walsh, Chayne Walsh, John Caffin, Crystal Coleman, Greg Henderson, Jeff Mapstone & Paul Mills.

Businesses:
Esk Pharmacy
Esk Fruit Shop & Deli
Random Act Photography
Esk Community Choir

Donations also by:
Greg Hatch
Brian Crichton

We really appreciate your support

Volunteer to host an international high school student in July 2015 like Nele, who is 15, is outgoing and positive and who likes being involved in her community. Together with her school-mates, she had organised a fundraiser effort involving participation in a 300-km hiking trail into the Black Forest. Besides playing the piano and saxophone in a band, she also performs in street festivals and helps out at the farmers’ market. Prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Students arrive in July 2015 for one term, one or two semesters from France, Italy, Germany, Sweden, Norway, Denmark, Finland and Spain all arranged by Southern Cross Cultural Exchange. Visit our website www.scce.com.au, email us at scce@scce.com.au or call us toll free on 1800 500 501.
Esk State School P&C Association

PO Box 163 ESK Q 4312
East Street ESK QLD 4312
Phone: (07) 5424 4111
Fax: (07) 5424 4100

Clearance Sale

DATE: __________________

NAME: __________________

PHONE: __________________

CHILD’S NAME for uniforms to be delivered to: ______________________________

Uniform Items

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MESSAGES:

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Please note:

Payment to be made at time of order. Cash only will be accepted.

Size availability is limited, please ensure you have supplied a contact number so we can make arrangements in the event a size is sold out.

We endeavour to fill all orders within the week, please understand that this service is provided by volunteers of the P & C.

No refunds will be given.

We thank you for your support of the Esk State School P & C

PROUDLY SUPPORTING ESK STATE SCHOOL STUDENTS