Term 1 Week 4
19 February 2016

Dates to Remember

February
22 – Parent Meet and Greet
   Evening
25 – School Disco 6:00pm-8:00pm
29 – Badge Ceremony

March
11 – School Photos
14 – Young Leaders Conference
16 – Music Parade
21 – Student Council Movie Day
21 – P&C AGM
21 – Great Attendance Day
23 – Esk Cross Country
24 – Easter Bonnet/Crazy Hat Parade
24 – Last day Term 1

From the Principal’s Desk

Head of Curriculum – Mrs Vale

Hello!
Thank you to the staff and students at Esk State School for their warm welcome. There are many wonderful programs for students to participate in at Esk. In the role of Head of Curriculum I will be supporting teachers to provide students with opportunities to explore their world and become confident, active and successful learners. Throughout the year students will participate in units of work within the learning areas of English, Mathematics, History, Geography, Science, HPE, The Arts, Technology and LOTE. If you would like more information regarding curriculum please feel free to contact me.

School Attendance

School Target = 95%
Last week = 93.4%
This Week = 95.1%
Get your whole family active and eating well

The PEACH (Parenting, Eating and Activity for Child Health) program is coming to ESK State School in 2016 with registrations now open for the group running in term 2.

The program is FREE for families with a primary-school aged child and is run in the local community within a school term and after school hours.

The program covers:

- **Nutrition** – lunchbox and snack ideas, reading labels and ingredients, dealing with fussy eaters, making healthier takeaway choices, making healthy eating affordable and tips on planning ahead.
- **Physical activity** – the benefits of exercise, how to be more active as a family, physical activity recommendations for children, how to reduce screen time and help with setting goals.
- **Parenting** – setting boundaries, planning for change, managing resistance to change, role modelling and how to be balanced and consistent.
- **Family focus** – the program recognises that each family is different and so our facilitators work with individuals to come up with a plan that suits them.

Kids love the PEACH program as it helps build their confidence and make new friends. It is run by trained PEACH facilitators and aims to help the whole family lead healthier lives.

The PEACH program is run by the Queensland University of Technology and funded by the Queensland Government.

It will only be available in Term 2, 2016 so register now!


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**Parent Meet and Greet Evening**

**Monday 22 February**

Meet up in the Library at 6:00pm and meet the whole staff as a team, then visit your child/ren’s classrooms for information about the year ahead.
Administration

Payments to School – We are still receiving envelopes without a student’s name recorded on the front. Please ensure any payments made to school are in an envelope clearly marked with Student’s name, reason for payment and dollar amount enclosed.

Any payments made directly into the School bank account need to be advised to Admin staff as soon as possible. Recently there have been payments made with insufficient detail to ensure we apply the payments to the correct outstanding invoice. If you have made any payments recently directly to the bank account for any reason, can you please contact our office on (07) 5424 4111 as soon as possible?

School Photos – Please read the information below

Our school photos will be taken on the 11th March 2016.

For the convenience of our school community, school photos can be ordered and paid for online using a secure online platform. Orders placed online DO NOT require an envelope, cash/cheques or paperwork returned to school.

Envelope Orders: photos can also be purchased in the traditional manner using an envelope, with cash/cheque enclosed.

The preference of our school is that orders and payments be made online, as this reduces the administration and associated security issues related to the return of cash & envelopes on photo day.

To place your order visit www.advancedlife.com.au and enter the code DL4 6JB 4AR. This code can also be found printed on your envelope. Please be aware that:

1. Sibling/Family Photos can be ordered online or via envelope. To ensure a smoothly run photo day, online orders for Sibling/Family Photos will be cut off at 12.00 a.m. the night before our photo day. To allow a list of students that require Sibling/Family Photographs taken to be compiled. Sibling photos can still be ordered after the online cut off date by collecting an envelope from the office and returning the envelope on photo day with your payment enclosed.
2. All online orders should be placed on or before our day of photography.
3. The online code above may also be used to order sports and other group photos.

All orders placed online will be delivered to the school for collection.

School Dental Van – Please return all dental forms to the Admin office as soon as possible to ensure your child doesn’t miss out.

The School Dental Van will be attending Esk State School in the near future.

West Moreton Oral health Service provides a free dental service, including general dental treatment as well as general advice and referral letters to:

All Children from 4 years old to year 10
Children Aged 0 – 3 years who have a current concession card
All Children aged 2 – 17 years who are Eligible for the Child Dental Benefit Schedule (CDBS)

CDBS Eligible Clients
It is a requirement for QLD Oral Health to Bulk Bill all CDBS eligible clients. Opting to use your CDBS funds within our service will ensure NO FEES OR OUT OF POCKET EXPENSES even if your benefit cap has been reached. If you choose not to use your CDBS funds with our service you have the option of attending a private dentist.
Celebrations

**Star Pupils**

Prep
- Setting a great example for others
- Applying herself to all tasks successfully

Year 1/2 K
- A wonderful recount
- For writing well-constructed sentences

Year 1/2 Q
- Showing great leadership
- Being focussed and ready to go

Year 3/4 M
- Being responsible to his own learning
- Being responsible for her learning

Year 3/4 N
- Being a great reading buddy
- Neat work in your Science Book

Year 5/6 D
- An amazing title page for “Forests of Silence”
- An amazing title page for “Forests of Silence”
- Working diligently in Technology groups

Year 5/6 S
- Always being ready to learn
- Being an active participant in Science

**Special Award**

Prep
- Being a co-operative class member
- Excellent effort in all areas

Year 1/2 K
- Excellent work ethic
- Working hard in all subjects

Year 1/2 Q
- Great class participation
- A great effort in Maths

Year 3/4 M
- Always using his manners

Year 3/4 N
- Neat work in your Science Book
- A great effort in swimming lessons

Year 5/6 D
- Wonderful effort in home reading
- Being an active participant in Science

Year 5/6 S
- Contributing to discussions in Science
- Being involved in class discussions

**Gotcha Gems**

Peridot –
Opal –
Garnet –
Amethyst –
Aquamarine –
Topaz –
Sapphire –
Emerald –
Ruby –
Diamond –
Diamond Peridot (220 Gotchas) –
Diamond Opal (240 Gotchas) –

**Gotcha Award**

Sponsored by Esk Newsagency

Congratulations

Week 3 Winners

P – 2:– Picking up rubbish
Yr 3 – Yr 6:– Playing nicely

Bus and Community:

Week 4 Winners

P – 2:– Walking Safely
Yr 3 – Yr 6:– Walking safely

Bus and Community:

Names and photographs have been removed for privacy reasons
Around the Classrooms

Prep – Mrs Richter
This week we are setting up our pet shop and vet surgery in the dramatic play area. The children are invited to bring a tiny stuffed animal for the games. Please explain that they will be sharing the toys with the whole class. Don’t forget to put your child’s name on it. Remember the Meet and Greet evening is on Monday for parents to come and learn more about their child’s classroom and learning program. Bring your questions. We will be sending home the children’s towel and cushion to be washed. Please bring them back next week. Some children will not be ready for the sight words that we sent home. If your child is not interested yet just hang onto them and try again next term.

Year 1/2 K – Mrs Kitching
This week we have been listening to our classmates as they present their favourite place to relax. James loves being in the chook shed with his chooks because he feels safe. Others loved going to the beach or lying on their beds. Mr Owen Hooty Tooty has been having a blast visiting homes, he has now visited six homes and he seems to love going on the trampoline. We have looked closely at the structure of sentences and we have made a sentence buddy to help us remember that all sentences begin with a capital letter, contain a noun and a verb and end in punctuation.

The year two students are really enjoying going all the way next door to Miss Quade for Science and Maths every Friday. Mrs Kitching is also enjoying teaching all of the year one students for the same subjects every week. Mrs Kitching was most impressed with the great homework standard set last week. So many books to mark!

Year 1/2 Q – Miss Quade
In year 1/2Q we have been very busy writing sentences. We have been making sure we start our sentence with a capital and end with a punctuation mark. Verbs and nouns are also very important in our sentences and we have done a lot of activities around that. In Maths we have looked at counting patterns and are starting to explore ‘part, part, whole’ and addition and subtraction sums. This week the students have been looking at resilience skills. The skills we have covered so far are seeing the positives in a situation and accepting that it is okay to make mistakes.

Year 3/4 M – Mrs McTaggart
We have been very busy since this term began. We have been reading ‘The Twits’ by Roald Dahl and really enjoying the descriptive language in the book. In reading this book we have been learning about Noun and Verb Groups which will lead into the students’ assessment task of writing a narrative.

Reading homework requires students to read a book of their choosing at least four times during the week. Homework is due in on Friday and goes home that afternoon. Students are writing their homework task in their homework book on Friday’s before they bring it home.

Year 3/4 N – Mrs Nan
We have been very busy in our garden the last two Tuesdays. Firstly we weeded the garden beds which were looking very messy after the holidays. Then we fertilized and mulched, ready for planting when the weather is a bit cooler. Thank-you to Mrs Dennehy for the giant pumpkin seeds. With Mr Smith’s help we hope to have them ready for the show.

We are now well into the term and a few children still need books. Could you please check with your child in case they need books or folders. Just a reminder that homework readers are due in each Friday. Children need to read at least four times a week for 10 minutes. They may read a variety of text types.

Year 5/6 D – Mrs Dolan
What a busy week! We’ve been working on our paragraph writing because in our English assessment task we are writing about one of the characters in ‘The Forests of Silence’. We need to show how Jarred’s character changes from his childhood in the Palace of Del until he is a young man living in the City of Del and what brings about these changes. In Maths we are revising our 2, 5, and 10 multiplication facts. Next week we will focus on our 3 multiplication facts. The perfect time to get out those multiplication charts at home!

We’ve had some students getting Gotchas for reading for 15 minutes every night at home. Five lots of 15 minutes will earn a Gotcha! So get reading!!
Year 5/6 S – Mrs Smith
This week we welcome Mrs Judy Lougheed who is teaching 5/6S for two weeks while I recover from surgery. I have great faith that Mrs Lougheed will continue with the fabulous work that has been begun this year while I am away. I plan to be back on deck on Thursday 3 March. My apologies to those parents who were hoping to meet me at the Parent Meet and Greet Evening next week as I won’t be available. I am happy to meet any and all parents when I return.
The children have continued to work hard over the last few weeks. We have moved on to Fractions in Maths and have been reading ‘Forests of Silence’ in English. Please continue to practice speed of recall of times tables at home. This is one of the corner stones for Maths. Once they are learnt accurately and quickly they will stay with students for years to come.

Around our School

Sport – Mrs Rollston
We have one more week of swimming lessons in PE and then we will focus on getting ready for cross country and other movement and gross motor skills. The cross country is on Wednesday 23 March. The distances for each age group are: 11, 12 and 13 years - 3km, 10 years - 2 km, 8 and 9 years - 1 km, 6 and 7 years - 2 laps of the school oval, 5 years - 1 lap of the school oval.

Student Council – Mrs Smith
A Disco will be held on Thursday 25 February in the Esk State School Hall. Doors will open at 6pm. The theme for the Disco is Pick a Decade. Dress up as a something from the 60s (hippies, flairs, flower power), 70s, 80s (disco) or 90s (gangster, military) etc. We are hoping to decorate the hall in keeping with the Decades theme too!
Students can purchase a Disco Deal for $5 which will include - entry to the disco, a glow necklace, chips and a drink. Disco Deals need to be paid for at the school office by 3pm on Tuesday 23 February. Items can also be purchased individually on the night. Entry $2.00, chips $1.00, drinks $2.00 (soft drink, juice or water), glow necklaces 80c and glow bracelets 2 for 50c. The P&C will also be running a BBQ on the night. Please see attached pre-order form.
Parents are welcome to attend the disco free of charge. Note that only Esk State School students will be admitted to the hall. No high school students please! At Esk State School we are lucky to have the involvement of almost all of our staff in school events like discos. We anticipate more than fifteen staff being in attendance at the disco so children will be well supervised. The disco will end at 8pm. Parents will need to come to the door of the hall to collect their children as staff will not permit children to leave the hall unaccompanied. Usually by 8:10pm everyone has left and the staff can go home for a well-earned rest.

Sydney/Canberra 2016 – Mrs Smith
We had a Camp Meeting on Monday 8 February with students to discuss the upcoming trip to Sydney and Canberra. At the meeting children received an information letter. Invoices for the second payment of $100 were also given out at the meeting. Note these are due for payment during February. Many parent have already paid the $100 deposit for their child to attend camp but some are still outstanding. If you have not yet paid the deposit and are intending for your child to attend camp please arrange to catch up with payments now. A further payment of $100 will be due in March.
GAME ON THE GO!

Did you know that playing a game can help your child’s language GROW? Playing a game is a great way to have fun with your child and build language at the same time! Games help your child...

• ask and answer questions
• give and follow directions
• tell stories
• take turns and play fair
• remember things
• learn new words
• describe things
• HAVE FUN!

Children learn language every single day and in almost everything they do! When you’re on the go, a perfect way to spend time with your child is to play a GAME ON THE GO... This term each newsletter will include an idea for games that are easy to play, build language, and doesn’t cost a thing! Remember, play these games in the language you know best.

I Spy: An old favourite but it doesn’t have to be a game using a letter from the alphabet. Take turns guessing things that you see. Pick something that you can both see, but don’t say what it is. Give clues until your child guesses what you are describing. For example, if you spy a knife, you might say, “I spy something sharp”, “I spy something long”, or “I spy something that I eat with”.

Free health checks for your child

There are many services available locally and at Ipswich if you have any concerns regarding your child’s health or development.

Hearing:
Free Hearing Screener at Esk Hospital. Hearing problems can be easily missed and can seriously affect your child’s learning. For a free Hearing Screener for your child, phone 1800 607 030 and book a hearing screener appointment at Esk Hospital.

Vision:
Bulk bill 1 available at Brisbane Valley Medical Services at Toogoolawah. Phone 5423 1311 to book an appointment to have your child’s eyes tested.

Developmental concerns:
If you are concerned that your child may need to be seen by an Occupational Therapist or Physiotherapist, there is a “drop in” clinic at Ipswich health Plaza each Tuesday from 8.30am until 11.30am. No appointment is required. Simply drop in and a therapist will complete a screener and advise you.

Speech:
A speech therapist visits the school during each term. Students are referred by staff. Please speak to your child’s teacher if you have any concerns. Only the students of highest needs are able to be assisted through the school program. If you are concerned regarding your child’s speech or communication and are not able to access the school program, there is a “drop in” clinic at Ipswich health Plaza each Tuesday from 8.30am until 11.30am. No appointment is required. Simply drop in and a therapist will complete a screener and advise you.

For any more information regarding any of these services, please phone Ipswich Community Health 1800 607 030
AGM: Monday 21 March 2016 6:30pm

P&C Meeting: Next P&C Meeting will be on Monday 21 March 2016 following the AGM in the Staffroom (D Block).

Uniform Shop: The Uniform Shop is open on Wednesday mornings 8:15 am – 8:45am. If you are unable to come at this time, you can complete an order form and leave with payment in the P&C box in the foyer and your uniform order will be completed and delivered to your child’s classroom.

Tuckshop: Please ensure you write which break you would like your child’s lunch to be ready for. Just a reminder: First Break 10:50am is the main break, and children would eat more during this break. Second Break 1:00pm is just a short break.

Beatles Tribute Show: Get your tickets now from the Admin office or Stihl Shop Esk. See poster over page.

HOG Riders Morning Tea: The Harley Owner’s Group is coming to our school on Sunday 6 March. HOG anticipate between 80 and 100 riders, which will be a great fundraiser to start off the year. We need our wonderful volunteers and bakers again. If you are able to help out on the morning or can provide something for morning tea, please phone Amiee on 0403 136 584.

Esk Fruit Shop: Thanks to the Esk Fruit Shop for your continued support of the P&C.

School Disco

P&C BBQ

Pre-Order Form

The P & C are running the BBQ again at the disco. To avoid disappointment pre-ordering your dinner is recommended. Please indicate below what you would like and tick any extras. Please return the completed order form and return to the Admin office with payment by Tuesday 23 February 2016.

Family Name: __________________________________________

Please indicate required quantity in the boxes

☐ Sausage in bread $2.50  ☐ Hamburger $5.00

☐ With Onion  ☐ With Cheese  ☐ With onion
The Girls Cricket Development Session is designed to promote girls cricket. The format being a ‘Come n Try’ afternoon with numerous Skill Drills being offered. Members of the Queensland Fire and Queensland Cricket will be in attendance as well as Regional Officials from all participating Regions.

The Development sessions are open to all girls aged 10-15 years old (as at 31 December 2016) and who are currently enrolled in an affiliated Queensland School Sport School. The invitation has been extended across Regional boundaries to Met West, Met East, Met North, South Coast, Sunshine Coast and Darling Downs students.

For Venue and Dates or for any further information, please see Mrs Ritcher at Prep or email csandurski@stmc.qld.edu.au.

Lockyer District Netball Trials
Monday 7 March 2016  Lowood SHS Hall
3.45pm - 4.45pm for 11 year old  4.45pm – 5.45pm for 12 year old
Please bring paperwork with you (available from Esk State School Admin)
ELECTION DAY STALL FOR OUR SCHOOL CHAPLAINS
(Toogoolawah High School, Toogoolawah, Esk, Harlin and Linville State Schools)

ESK STATE SCHOOL
Middle Street, Esk

SATURDAY, 19 MARCH 2016

Contributions of baking, preserves, plants, books, handicrafts welcomed

Please deliver to the school after 7.30 am
or contact Jocelyn at Esk 5424 2553 or Carolyn at Toogoolawah 5423 0747 if you would appreciate collection

Water Exercise Class – Esk Pool
Monday and Wednesday
Starting 1 February 2016
Time: 9.00am sharp
For more information please call 54 241 146

Exciting Cross Country Program
MARCH - JULY 2016

Queensland Running's 2016 Cross Country season commences on Saturday 5 March at Teralba Park, Mitchelton. The season runs from March through to the end of July and is of great assistance to all students in preparing for the school, district and regional cross country competitions.

Our competition includes distances ranging from 500/800metres (alternating each week), 1000, 1500, 2000, 3000, 4000, 5000, 6000 and 8000 metres. The 3000 and 5000 metre distances are run together as are the 4000, 6000 and 8000 metre events. In these races, runners can complete the lesser or greater of the distances, depending on their comfort zone.

The runs are conducted at various parks in and around Brisbane, including Chermside, Toowong, Pine Rivers, Sandgate and Yeronga, to name a few.

For those unable to run, but still wishing to participate, a 500 metre non-competitive walk is programmed each week. Take your pram or dog for a wander through one of these beautiful parks. It is a popular event for families and best of all, it's free!

We have very reasonable rates to run and they include as many events as you would like to run over the afternoon, 10 years and under run for $3.00 for the afternoon, $4.00 for 11 to 17 years and adults pay $5.00. If you register for the season for the cost of $12.00, your runs cost $1 less each afternoon and you run your first day free.

We also have family registrations or individual runners can pay up front for the season.

It is a great family afternoon where mums and dads can run with their children.

If you have any enquiries, please check our our website: www.queenslandrunning.com.au or call 0418 113 377.

Fun for all ages and fitness levels
Get Out, Get Active is part of the Queensland Government’s Start Playing, Stay Playing initiative to increase and enhance women’s and girls’ participation in sport and recreation.

The Queensland Government provided $3,200 to Somerset Regional Council, who contributed an additional $800, to develop these Touch Football and Little Athletics Programs to get women and girls active for life.

This program is specifically for girls however boys will also be able to participate in the program when numbers permit.

If you are interested in volunteering for the programs in any capacity, phone Council on 5424 4000.

Feedback on the program can be provided at www.surveymonkey.com/r/77L77J9

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**REGISTRATION DETAILS**

Program Attendance: [Please tick the programs your children will attend]
- Touch Football
- Little Athletics

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<th>CHILD’S NAME</th>
<th>DOB</th>
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Surname: ___________________________  First Name: ___________________________

Address: ___________________________  Postal Code: __________________________

Home Phone: ________________________  Work Phone: _________________________

Email: ______________________________

Secondary Contact Person: ___________________________  Secondary Phone: _________________________

Do you wish to withdraw your child from the program in the event of the following or any other reason?

- I withdraw my child from the program because of school holidays
- I withdraw my child from the program due to illness
- I withdraw my child from the program due to injury
- I withdraw my child from the program due to financial reasons
- I want to withdraw my child from the program for other reasons

Signature: ___________________________  Date: ___________________________

Name: (PLEASE PRINT) ___________________________

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Please return registration forms to Somerset Regional Council, PO Box 117, Esk, QLD 4312 or to mail@somerset.qld.gov.au