Term 1 Week 6
4 March 2016

Dates to Remember
March
11 – School Photos
14 – Young Leaders Conference
16 – Music Parade
21 – Student Council Movie Day
21 – P&C AGM
22 – Great Attendance Day
23 – Esk Cross Country
24 – Easter Bonnet/Crazy Hat Parade
24 – Last day Term 1

April
11 – First day Term 2
13 – Parent/Teacher interviews
22 – Lowood Cross Country

May
2-6 – Mother’s Day Stall

PEACH Program
What a great opportunity we have in this program. Please read through again and please register!! There is only one chance to run this program in Esk and it is only next Term!!!

The PEACH (Parenting, Eating and Activity for Child Health) program is coming to ESK State School in 2016 with registrations now open for the group running in term 2.

The program is FREE for families with a primary-school aged child and is run in the local community within a school term and after school hours.

The program covers:

- **Nutrition** – lunchbox and snack ideas, reading labels and ingredients, dealing with fussy eaters, making healthier takeaway choices, making healthy eating affordable and tips on planning ahead.
- **Physical activity** – the benefits of exercise, how to be more active as a family, physical activity recommendations for children, how to reduce screen time and help with setting goals.
- **Parenting** – setting boundaries, planning for change, managing resistance to change, role modelling and how to be balanced and consistent.
- **Family focus** – the program recognises that each family is different and so our facilitators work with individuals to come up with a plan that suits them.

Kids love the PEACH program as it helps build their confidence and make new friends. It is run by trained PEACH facilitators and aims to help the whole family lead healthier lives.

The PEACH program is run by the Queensland University of Technology and funded by the Queensland Government.

It will only be available in Term 2, 2016 so register now!


School Attendance
School Target = 95%
Last week = 94.3%
This Week = 95.3%
What is and is not Bullying?

Whether students are hurt by bullying or rough play there is no excuse for this happening in any school.

National Centre Against Bullying definition:
Bullying is when someone (or a group of people) with more power than you repeatedly and intentionally uses negative words and/or actions against you, which causes you distress and risks your wellbeing.

Bullying is a systematic and repeated abuse of power. It:
- is a desire to dominate or hurt someone
- involves unfair action by the perpetrator(s) and an imbalance of power
- occurs when the target cannot provide an adequate defence and feels oppressed and humiliated

(Rigby, K 2010, Addressing Bullying in Queensland Schools: Vodcast 1, DET, Brisbane).

The National Centre Against Bullying identifies 5 types of bullying:
1) Physical – such as hitting, poking etc. Repeatedly and intentionally damaging someone’s belongings.
2) Verbal – repeated or systematic name calling, insults, homophobic or racist remarks and verbal abuse (this is the most common form).
3) Social – Indirect actions, lying about someone, spreading rumours, nasty jokes that leave the recipient feeling humiliated or powerless, mimicking or deliberately excluding.
4) Psychological – threatening, manipulating or stalking.
5) Cyber – using email, mobile phones, chat rooms and social networking to bully verbally, socially or psychologically.

What is not bullying:
The National Centre Against Bullying acknowledges that while the following behaviours are often upsetting to those involved, they do not constitute bullying:
- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

While these behaviours would not be considered bullying (because they do not involve deliberate and repeated harm and a power imbalance) they need to be addressed in the same way as other inappropriate student behaviours.

Every adult and child has the right to feel respected and safe. Bullying is a violation of this basic human right. Individuals have the right to be listened to and provided with support when a bullying incident occurs. Students have the right to know they will receive support when needed.

At Esk SS we work hard to prevent these behaviours and appreciate contact and support from parents in helping to manage this.

New Pathway at Prep
This weekend a new pathway is being placed at the Prep building. From the East Street pedestrian gate to the under-cover area. On Monday the gate may still be blocked off so please be prepared to come around the long way via the Ann Street gate.

Lockdown Drill – We are having a lockdown drill next Wednesday at 12:45pm. Children have been taught and will be reminded of the procedure during the next few days of what to do when they hear the lockdown signal. So parents are aware of our lockdown procedures, they are outlined below:

After we hear the Lockdown signal, students immediately sit under their desks, or in an area that they are not visible from any windows or doors. The teacher locks all doors and windows to the room and then calls the roll to make sure that all students are accounted for. Once all students are accounted for, the teacher phones the admin office to let them know the room is safe and all children are present. Once all classrooms are security checked, the all clear signal is sounded and regular lessons resume.

Staff Carpark – Just a reminder that students are not to be coming into or leaving the school grounds via the Staff Carpark in Anne Street, this includes if they are with a parent or not. This is a Workplace, Health and Safety requirement.
School Leaders for 2016 – Congratulations to our new leaders

Administration

Bookclub – Issue 2 orders due next Wednesday 9 March – NO LATE ORDERS ACCEPTED!!

EFT Payments – If you have paid money directly into the school’s bank account over recent weeks, please contact the office urgently to clarify a discrepancy.

Update Student Details/ Media Permission Forms – Forms have been sent home today with every student (except Prep students) to be completed and returned the office as soon as possible. These forms will provide us with updated information of your phone numbers, address and emergency contacts etc. We have found many in our system are outdated. Thank you in advance for your co-operation.

National Young Leaders Day – Permission slips have gone home and are to be returned to the Admin office as soon as possible

School Photos – Student leaders need to be at the hall by 8:15am. If you would like sibling photos taken, there are special “Sibling” envelopes available in the office.

School Photos are next Friday 11 March

Our school photos will be taken on the 11th March 2016.

For the convenience of our school community, school photos can be ordered and paid for online using a secure online platform. Orders placed online DO NOT require an envelope, cash/cheques or paperwork returned to school.

Envelope Orders: photos can also be purchased in the traditional manner using an envelope, with cash/cheque enclosed.

The preference of our school is that orders and payments be made online, as this reduces the administration and associated security issues related to the return of cash & envelopes on photo day.

To place your order visit www.advancedlife.com.au and enter the code: DL4 6JB 4AR. This code can also be found printed on your envelope. Please be aware that-

1. Sibling/Family Photos can be ordered online or via envelope. To ensure a smoothly run photo day, online orders for Sibling/Family Photos will be cut off at 12.00 a.m. the night before our photo day to allow a list of students that require Sibling/Family Photographs taken to be compiled. Sibling photos can still be ordered after the online cut off date by collecting an envelope from the office and returning the envelope on photo day with your payment enclosed.
2. All online orders should be placed on or before our day of photography.
3. The online code above may also be used to order sports and other group photos.

All orders placed online will be delivered to the school for collection.
Celebrations

Star Pupils

Prep  Fantastic work in Geography
       Always trying her best
Year 1/2 K  Writing sensational complex sentences
Year 1/2 Q  An outstanding effort across all areas
       Writing great compound sentences
Year 3/4 M  Improving her kicking technique in the pool
       Being a quiet achiever
Year 3/4 N  Great effort in swimming
Year 5/6 D  Fantastic work in Accelerated Reader
       Always being a thoughtful and responsible student
Year 5/6 S  Excellent descriptive and expressive writing
       Excellent understanding of fraction work

Special Award

Prep  Listening carefully during lessons
       Demonstrating responsible behaviour
Year 1/2 K  A mammoth effort in Mathematics
       Great geographical knowledge
Year 1/2 Q  Consistently following class expectations
       Being a thoughtful and considerate class member
Year 3/4 M  Trying her best and staying focussed
       Being a responsible learner
Year 3/4 N  Always trying hard to finish classroom tasks
Year 5/6 D  Staying focussed and working hard
       Being an enthusiastic mathematician!
Year 5/6 S  Being a friendly, co-operative student
       Persevering with her fraction work

Gotcha Gems

Peridot –
Opal –
Garnet –
Amethyst –
Aquamarine –
Topaz –
Sapphire –
Emerald – Ruby –
Diamond –
Diamond Peridot (220 Gotchas) –
Diamond Opal (240 Gotchas) –

Welcome to Esk –

Mathletics Award –

Gotcha Award

Sponsored by

Congratulations

Week 5 Winners

Week 6 Winners

P – 2:
Keeping our school clean
Yr 3 – Yr 6:
Following our school values
Bus and Community:

P – 2:
Picking up rubbish
Yr 3 – Yr 6:
Keeping our school tidy
Bus and Community:

Names and photographs have been removed for privacy reasons
Around the Classrooms

**Prep – Mrs Richter**
The Prep students have had a lovely time making props for their pet shop. Thank you to everyone who brought in stuffed toy animals for us to use in the dramatic play area. So far we have learnt the letters and sounds ‘S’, ‘A’, ‘T’, ‘I’, ‘P’, ‘N’. We have practised downward style handwriting letters. Children have learnt to start at the top on these letters and go from top to toe.

We have had a go at making signs, labels and pocket dogs. After story time we have had a go at writing some words from the story. We have been learning about characters, their feelings and the main events in the plot. In maths we have explored numbers 1-20 and looked at ways to record number and quantity. We had a go at an AB pattern. This week we are learning more about position and location. Keep an eye out for head lice and treat as needed.

**Year 1/2 K – Mrs Kitching**
We have been busy improving our English skills, and looking at making simple sentences more complex by using conjunctions. Our class is getting better at recognising and using nouns, adjectives and verbs and checking for punctuation. In LEM phonics we know all of the sounds of ‘A’ (there are five), ‘C’, ‘D’, ‘S’ and this week we are looking at letter ‘O’ and the sounds associated with it.

This week we had our very first buddy session, our buddies helped us write goals for Reading, Writing, Mathematics and Behaviour. They also helped us log into Mathletics and enjoyed making a craft item based on our letter of the week. Reading groups continue to be a wonderful addition to our week and we are covering so much in these sessions. In Mathematics we have been focussing on place value concepts, addition and measurement activities. Owen Hooty Tooty has been to Under Water World and helped out at an Optometrist’s when one of our students visited. We love reading about his adventures.

**Year 1/2 Q – Miss Quade**
The students of Year 1/2 Q have been very busy at practising their simple sentences. We have now started to expand our sentences by making compound sentences. Students have been very good at identifying the conjunction needed to join their two smaller sentences together. Our class has shown great improvement in writing about how a character feels. We are now starting to talk about how a character’s emotion changes throughout the book.

In Maths we are still investigating number. We are now using ten frames, bundles of ten and MAB blocks to help us work with numbers over ten. Year 1 are doing addition and subtraction sums, while the Year 2 are starting to do two digit sums using a vertical setup. Swimming is now over for the term and the class will return to normal P.E. lessons on Thursdays.

Just a reminder home readers are usually changed on Tuesday and Thursday and Library day is Thursday.

**Year 3/4 M – Mrs McTaggart**
This week we have been working on graphing of data in Mathematics. The students have been enjoying this topic. In Geography we are beginning to research about major natural features of Australia. English students are beginning to work on their assessment item.

Next week we welcome Mrs Judy Lougheed who will be taking the class as of Monday next week. I will be absent until Thursday 17 March. I have great faith in Mrs Lougheed will continue with the fantastic work that the class has begun this year.

**Year 3/4 N – Mrs Nan**
During the two weeks we have been very busy reading “The Twits”. We have been learning about nouns, noun groups, verbs and adverbs and how the use of these words help an author make his/her writing exciting. Next week we will be starting our assessment – writing a new chapter for “The Twits”!

**Year 5/6 D – Mrs Dolan**
No report at time of printing
Year 5/6 S – Mrs Lougheed

The students have had a very busy couple of weeks. Thanks to Mrs Smith’s great planning and preparation along with the students’ own good learning ethics we have been able to undergo the transition from one teacher to another very easily and effectively. Emily Rodda’s book “Forests of Silence” which is one of the Deltora Quest Series has helped keep the students well motivated whilst we work on the finer points of learning about English and Literature. I must confess the story has even got me in and I will need to finish it myself just out of curiosity.

Working with fractions has provided some challenging moments for some of the students. I encourage the students to spend a little extra time on Mathletics to help unlock some of the mystery and difficulties some students are experiencing.

Swimming has come to an end and the students will be undertaking other physical endeavours now. I have been very impressed with the Art work being done. Students are taking a great interest in learning about individual artists and their particular styles. Many students have produced outcomes that are impressive.

As my contract with the class is drawing to a close and Mrs Smith’s return is close at hand I would like to thank all the students for making my job so enjoyable. 5/6S is a delightful mixture of students who have been very polite, friendly and co-operative to teach. I would also like to take this opportunity to thank the great staff here at Esk State School for their help and support. Thank you all, Judy Lougheed

Around our School

Master Teacher – Mrs Burgess

Helping children with - Reading

Esk State School
Would like to invite
Parents and Caregivers
to an information session on

Helping your child with reading

Presenter: Angela Burgess (Master Teacher Esk and Toogoolawah SS)
Date: Tuesday 15th March, 2016
Times: 2.00 p.m (afternoon session) or 6.00 p.m. (evening session)
Location: School Library

Cut here and either return form to Esk State School office or phone your details through to 54244111

Name: ____________________________

I will be attending the afternoon/night session.

I have child/children in grade/s ________

******* Please RSVP with questions by Thursday the 10th March******

I would like information on:

____________________________

____________________________
Sport – Mrs Rollston

Met West Swimming
Last Wednesday Jacques, Joshua, Shanay and Katie travelled down to Chandler to compete at the Met West Swimming trials. This involved them swimming against the best swimmers in the western part of Brisbane as well as Ipswich and the Brisbane and Fassifern valleys. They all swam extremely well and achieved personal bests in most events. Jacques placed 6th in the 10 years boys freestyle (1 second PB) and 13th in the 50m backstroke. Joshua had a great time in the 50m freestyle and finished 26th. Shanay placed 15th in the 50m freestyle (2 second PB), 17th in the 50m butterfly (2 second PB) and 26th in the 50m backstroke. Katie bettered her PB in the 12 years girls 50m freestyle. Congratulations to you all.

Cross Country
Cross country is just over two weeks away - on Wednesday 23 March at 9am. Students really need to be doing some training at home leading up to the event. They could run around the house, run at the park, run around the block on the footpath or some other running activity. They will also do some training at school. 11, 12 & 13 years olds run 3km (3 laps of the school), 10 year olds will run 2km (2 laps of the school), 8 & 9 year olds will run 1km (one lap of the school), 6 & 7 year olds will run approximately 600m (2 laps of the oval) and 5 year olds will run approximately 300m (1 lap of the oval).

Learning Support – Mrs Oxenford

CORRECTION - Free health checks for your child
Last week’s newsletters listed Esk Hospital as offering free hearing screeners for children. Unfortunately this service is no longer available at Esk Hospital.
For a free Hearing Screener for your child, phone 1800 607 030 to book a hearing screener appointment at Ipswich.

GAME ON THE GO!
Children learn language every single day and in almost everything they do! When you’re on the go, a perfect way to spend time with your child is to play a GAME ON THE GO…Here is an idea for a game that is easy to play, build language, and doesn’t cost a thing! Remember, play these games in the language you know best.

The game for this fortnight is: What am I?
Take turns giving clues to guess objects that you think of. Your descriptions will sound like a riddle! For example, if you are describing a goldfish, you could say, “I’m orange, I swim, and I have fins. What am I?”

Music – Mr Smith
What a great start to music in 2016. We have 32 students doing Instrumental Music. Glockenspiel and Recorder tests start this week in classroom music. Junior Choir is learning 2 new songs and we are getting better each week.

We have a Special Music Parade on Wednesday March 16 at 8:45am featuring our Concert Band and our new instrumentalists. I have invited any beginner instrumentalists to perform "Louie, Louie" with the band if they so wish. Also, a first for music at Esk State School featuring not one, not two, but three Bass Guitars all at once.
Everyone is welcome at our Special Music Parade.

Gardening with Mr Smith

Let’s talk Comfrey!
This is the one plant that is a must have in the garden. It is perfect when made into a ‘manure tea’. Comfrey is a rich source of nitrogen and potassium thus making it a nutritious side dressing for fruiting trees and vegetables. The ‘manure tea’ is best applied when crops are starting to set flowers. Comfrey is a perennial herb that grows in average soil in full sun or part shade and is considered a fantastic nutrient miner in compacted soils due to its deep extensive root system. It has gained its place in the "Dynamic accumulator" category of plants, and this should tell you to plant it where you can contain it! For anyone into organics this is a must have plant. In the next newsletter I will talk about its many uses.

We are still looking for animal manures (cattle, horse, sheep, goat, etc.)

A big thank you to Jamie and Andrea Oxenford for their kind donation of straw mulch for our garden.
MOVIE DAY

The Student Council will be hosting a Movie Day on Monday 21 March 2016 during school time. Children will have a choice between the following movies – Pixels (PG), Legend of Longwood (PG), Oddball (G) and Rodeo Girl (G). Children who wish to watch one of the PG movies will need to bring back the signed permission form.

A Movie Deal can be purchased for $5.00 per student. Money for Movie Deals will be accepted at the office until 3:00pm Friday 18 March, or you can pay your child’s teacher on the morning of Monday 21 March. While the movie is free of charge the $5.00 Movie Deal will include Free Dress, Popcorn (salty butter or caramel crunch), and choice of Drink (soft drink, juice or bottled water). Children are encouraged to bring along a pillow or sleeping bag or bean bag or cushion so they can relax in comfort in front of their chosen movie. Children may purchase the items separately if they prefer. The prices are – $2.00 Drink, $2.00 Popcorn and $2.00 Free Dress.

Please return the applicable forms to the office

MOVIE DEAL:

Student Name: ___________________________ Class: ___________________________

☐ $5.00 Movie Deal or/
☐ $2.00 Free Dress
☐ $2.00 Drink
☐ $2.00 Popcorn

Please find enclosed $________________

PERMISSION SLIP: Student Council Movie Day

I do / do not give permission for my child ____________________________ Class________________ to view a PG film on the 21 March 2016.

Signed: ____________________________

Name: ____________________________

Date: ____________________________
AGM: Monday 21 March 2016 6:30pm

P&C Meeting: Next P&C Meeting will be on Monday 21 March 2016 following the AGM in the Staffroom (D Block).

Uniform Shop: The Uniform Shop is open on Wednesday mornings 8:15 am – 8:45am. If you are unable to come at this time, you can complete an order form and leave with payment in the P&C box in the foyer and your uniform order will be completed and delivered to your child’s classroom.

Tuckshop: Please ensure you write which break you would like your child’s lunch to be ready for. Just a reminder: First Break 10:50am is the main break, and children would eat more during this break. Second Break 1:00pm is just a short break.

Beatles Tribute Show: Get your tickets now from the Admin office or Stihl Shop Esk. See poster below.

HOG Riders Morning Tea: The Harley Owners Group is coming to our school on Sunday 6 March. HOG anticipate between 80 and 100 riders, which will be a great fundraiser to start off the year. We need our wonderful volunteers and bakers again. If you are able to help out on the morning or can provide something for morning tea, please phone Amiee on 0403 136 584.
Community News

QUEENSLAND INDOOR CRICKET
GIRLS 14 & UNDER

Queensland Cricket are now calling for players to compete for their state at the 2016 Australian Junior Championships as part of the 14 & Under Girls Team.

In the inaugural year for this division you can ensure that the development of girls and their pathway within Queensland continues to set the standard.

FREE Pool Movie Night
Lowood Pool, 200 Main Street, Lowood
Friday 18 March 2016 5pm


Free pool entry from 5pm.
Inflatable pool toys provided.
Hot food and snacks available for purchase.
Life guards on duty.

Children under 5 and pool passholders must be closely supervised by an adult (16 years and over).
This is a drug and alcohol free event.

Somerset Regional Council

Wototo Children’s Choir
Special FREE Esk Event
Saturday April 9, 2016, 12.30pm
ESK Civic Centre

CHOR OF AFRICAN ORPHANS IN NEW ALBUM TOUR TO RESCUE OTHERS
Wototo is thrilled to bring you a brand new production, Oh What Love. Through this dynamic musical experience, the Wototo Children’s Choir, who have some orphans share their journeys to redemption and demonstrate that God desires to be a loving father to all mankind. The Wototo Children’s choir is a group of African children from Kampala, Uganda. Wototo means “Children” in Swahili language.

For more information: Phone 0417 232 261 or visit www.NewSensesChurch.org.au
Brought to you by New Senses Church, Esk.
**Toogoolawah PICTURES**

_Sat., 5<sup>th</sup> March - pg_
Doors: 7.00 pm   Movie: 7.30 - 9.20 pm

_Sat., 12<sup>th</sup> March - m_
Doors: 7.00 pm   Movie: 7.30 - 9.30 pm

Child to High School: $6
Adult: $8    Family: $25
Snack Bar. Hot Dogs & Pop Corn
Alexandra Hall, T’wah
Inquiries: 0438 149 954

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**$20 Family Portrait Fundraising Day**

_Esk and District Kindy_
_Saturday 19<sup>th</sup> of March 2016_

For Your donation receive:
* 10 x 13" Portrait in Australian wood Frame
* Sitting Fee including 4 poses with the option to purchase hugely discounted packages
* Professional Photographer booked

Don’t delay!
Book today, spaces are limited!!

Conditions:
* Limit one Voucher per Person/Family
* An additional family member appearing in the fundraiser portrait must be present to collect and view of the offer is void
* No refund for failure to keep your appointment

Contact:
Email: eskkindy@bigpond.com
www.deebeezphotography.com.au
Or visit our Facebook page: Dee Beez Photography

**ELECTION DAY STALL FOR OUR SCHOOL CHAPLAINS**

(Toogoolawah High School, Toogoolawah, Esk, Harlin and Linville State Schools)

_ESK STATE SCHOOL_
Middle Street, Esk

_SATURDAY, 19 MARCH 2016_

Contributions of baking, preserves, plants, books, handicrafts welcomed

Please deliver to the school after 7.30 am
or contact Jocelyn at Esk 5424 2553
or Carolyn at Toogoolawah 5423 0747
if you would appreciate collection

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**Water Exercise Class – Esk Pool**

Monday and Wednesday
Starting 1 February 2016
Time: 9.00am sharp
For more information please call 54 241 146

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**Lockyer District Netball Trials**

_Monday 7 March 2016   Lowood SHS Hall_
3.45pm - 4.45pm for 11 year old    4.45pm – 5.45pm for 12 year old
Please bring paperwork with you
(available from Esk State School Admin)
Brisbane Valley Hire & Sales Pty Ltd
* Party Hire * Landscape Supplies
* Equipment Hire * Dingo Hire
* Gas Supply * Domestic Water Delivery
Phone: (07) 5424 1648 Fax: (07) 5424 1117
Cnr Ipswich & Peters Sts, Esk
Email: sales@bvhire.com

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Play & Learning Centre

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No Referral Needed
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E reception@tmbaorthodo.com.au
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www.toowoombaorthodontists.com.au

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www.facebook.com/fortifyhairstudio

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* Comprehensive eye examinations for all ages
* Prescription safety glasses – fully certified
* Latest technology in rular and optical lenses
* Contact lenses
* NPCAP – on the spot health fund claims
* Sunglasses and prescription sunglasses

Red Deer Café
Fresh quality food at affordable prices
Dine In or Take Away
Shop 2, 95 Ipswich St, Esk
Phone orders welcome 5424 2635
Mon-Thu 6am-7pm
Fri 6am-8pm | Sat 9am-8pm
Sun 9am-7:30pm

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Brandon Pearce Optometrist

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